

The Sustainable CAPE
**Farmers' Market
Coalition**

Local food for all.



Farmers' Markets

growing food equity

- * **sat 8am –12pm** (jan-april 10am start) year round! *
- * **orleans farmers' market**
- * **sat 9am–1** seasonal
- * **ptown farmers' market**
- * **sat 8:30–12:30** seasonal *
- * **nantucket farmers' market**
- * **mon 8am–12** seasonal
- * **truro farmers' market**
- * **tues 10am–1** seasonal *
- * **sandwich farmers' market**
- * **wed 8am–12** seasonal
- * **wellfleet farmers' market**
- * **thurs 12pm–5** seasonal *
- * **falmouth farmers' market**
- * **thurs 3pm-6** seasonal
- * **harwich farmers' market**

Find out more:



SustainableCAPE.org

*Support your health
and your local farmer!*

thanks to:



Nutrition Incentive Programs

Visit your Market Info Table for more.

1. Healthy Incentive Program (HIP)

SNAP card holders receive an immediate refund for each dollar spent on fruits & vegetables from participating vendors. Monthly limits of \$40-80 depend upon family size.



2. Bonus Match Program

SNAP card holders, and/or recipients of **WIC** or **Senior Discount Coupons**, receive a matching bonus of up to \$10 in farmers' market tokens at the Market Info Table.



3. Project Gratitude for Veterans

Veterans receive \$10 in tokens as thanks for their service. Tokens buy fruits & vegetables, helping us to support local farmers and grow a strong, resilient local food economy.



4. Fresh Kids' Awards

Students in the Sustainable CAPE's Farmer-in-the-School programs receive \$10 worth of redeemable awards for tokens to purchase fresh fruits and vegetables at farmers' markets.

5. Fruit & Vegetable Prescriptions

Patients with specific diagnoses receive prescriptions from our partnering doctors & providers. Patients receive weekly bags of healthy, fresh-picked produce & nutrition education.



SC Coalition Program Locations

Farmers' Markets:

	HIP	Bonus	Vets	Kids	Rx
Ptown	•	•	•	•	
Truro	•	•	•	•	•
Wellfleet		•	•	•	
Orleans	•	•	•	•	
Harwich		•			
Falmouth	•	•			
Sandwich	•				
Nantucket		•			

Uniting for local food equity!



Join our farmers' market food equity work:

SustainableCAPE.org