

Stop an Overdose with Narcan[®]

Take these steps to stop an Overdose:

1 Call 911

Say “someone isn’t breathing” and/or “I think it’s an overdose.” Stay until help arrives, even if they seem better.

2 Give Narcan[®]

Push pump only after tip is in nose. Go to Step 4. If no response in 3 minutes, give another dose.

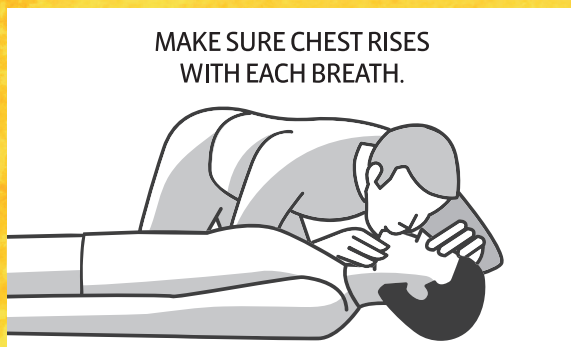
3 Give breaths/CPR

Make sure mouth is clear. Tilt head back, lift chin, and pinch nose. Give 1 breath every 5 seconds and make sure chest rises with each breath. Try CPR if you’ve been trained.

4 Stay until help arrives

If breathing well, put on side. If not breathing well, repeat Steps 3 and 4. Stay until help arrives.

Rescue Breathing



The Recovery Position



Good Sam Law protects people who overdose or seek help for someone overdosing from being charged or prosecuted for simple drug possession.

HelplineMA.org
1-800-327-5050

mass.gov/narcan

Massachusetts
Department
of Public Health

